

# New Year's Immersion: Tantric Rituals & Tantric Meditation Immersion Schedule

## Part 1—Tantric Rituals, December 27–30, 2016

### December 27

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7:30 p.m.      **Principles of Tantric Rituals**  
*Lecture*

### December 28

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10:00 a.m.      **Rudra Yaga in the Order of Right-Hand Tantra**  
*Lecture*

2:00-5:00 p.m.      **Rudra Yaga—Traditional & Experiential**  
*Group Practice*

7:30 p.m.      **Q&A and Discussion**

### December 29

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10:00 a.m.      **Sri Chakra Puja in the Order of Right-Hand Tantra**  
*Lecture*

2:00-5:00 p.m.      **Sri Chakra Puja—Traditional & Experiential**  
*Group Practice*

7:30 p.m.      **Q&A and Discussion**

### December 30

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10:00 a.m.      **Summary and Take-Home Experience**

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## Part 2—Tantric Meditation, December 30-January 1

### December 30

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**7:30 p.m.**      **Translating Tantric Rituals into the System of Tantric Meditation**  
*Lecture*

### December 31

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**10:00 a.m.**      **Steps to Unleashing the Radiance of Kundalini Shakti  
at the Navel Center**  
*Lecture*

**3:30 p.m.**      **Meditation on the Radiance of Kundalini at the Navel Center—  
A Step-by-Step Practice**  
*Practicum*

**7:30 p.m.**      **Q&A and Discussion**

### January 1

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**10:00 a.m.**      **A Take-Away Gift—A Plan to Live with Purpose**  
*Lecture*