

APPLICATION FOR MAHA SRI YAGA PRACTICE IMMERSION HIMALAYAN INSTITUTE, KHAJURAHO INDIA WITH PANDIT RAJMANI TIGUNAIT, PhD SESSION 5 JANUARY 17-FEBRUARY 4, 2026

The Maha Sri Yaga Practice Immersion ("Immersion") with Pandit Rajmani Tigunait, PhD, includes the opportunity for continuing spiritual practice at Himalayan Institute India at Khajuraho ("HII Khajuraho") and the Sri Vidya Shrine. Your Immersion is by advance application and prior approval by Himalayan Institute of Yoga Science and Philosophy of the USA ("Immersion Organizer").

The Immersion is focused on spiritual practice. There will be time for study, practice, reading, journaling, walks in nature, and contemplation.

The Terms and Conditions outlined below are made a part of this Application for the Immersion ("Application"). Each person registering must complete an Application. A deposit of \$850 U.S. dollars is required with this Application. Upon approval, the balance is due by the specified deadlines in order to receive the stated rate. Land Only rates expire on the dates indicated below. If any balance is not paid by the date indicated, the rate increases to the next higher rate level. If Application is made within the late registration period, full payment is required with the Application upon confirmation of space.

In order to receive the rates noted below, full payment must be received by the corresponding rate closing date. Reservations requested and postmarked after the regular registration period closing date are considered "late registrations," and will be processed on a space available basis, incurring higher rates. Full payment is due at time of registration for all late registrations.

An \$850.00 partially refundable deposit per person will secure space on a first come basis. Deposits are not transferrable. For the early registration rate, full payment must be received by September 13, 2024. For the regular registration rate, full payment must be received by September 17, 2025. Balances not paid by the stated deadlines revert to the next period's higher rates. After September 17, 2025 rates increase (as reflected in the late registration rates shown below) and must be paid in full when registering.

Please read the Immersion Terms and Conditions section in its entirety, paying specific attention to the sections regarding Off-Campus Activities, Dress and Conduct, Emotional Relationships, and Quiet Times.

Immersion Terms and Conditions

RESERVATIONS: Reservations are not considered complete until a signed Application and deposit are received. Application for an Immersion does not ensure participation. For this reason, it is inadvisable to purchase airline tickets until you have received written confirmation from Immersion Organizer that your registration in the selected Immersion has been accepted. Full payment in U.S. Dollars for the Immersion must be postmarked and paid in full by the dates indicated to receive the specified rates. Rates indicated are per person based on shared accommodations. After the close of a registration period, any balance not paid by said date reverts to the next higher rate level. Reservations requested and/or postmarked after the regular registration period will be processed as late registrations and on a space available basis. The late registration rate must be paid in full when space is confirmed.

An \$850 deposit accompanied by an accepted Application will secure space in the order received. Registration is contingent upon receipt of a fully completed, signed Application as noted in "**Rates.**" Deposits and payments are not transferrable. If the Immersion is full, deposits and Applications will be accepted on a wait-list basis in the order received.

RATES: Stated rates are in U.S. dollars. Land Only rates do not include international and domestic air or train. Participants are responsible for getting to the starting point of the Immersion (Khajuraho) on the date the Immersion begins. The rate for the Immersion is per person and includes single or shared accommodations, lacto-ovo vegetarian meals, and scheduled group activities as outlined in the itinerary.

LAND ONLY MAHA SRI YAGA SESSION 5 RATES JANUARY 17-FEBRUARY 4, 2026

Rates by room type*	Rate Period: Early (closes Sept. 13, 2024)	Regular (closes September 17, 2025)
Single (Private) Room	\$4,200	\$4,400
Double Deluxe Suite	\$3,700	\$3,900
Quadruple Suite	\$3,400	\$3,600
Double	\$3,300	\$3,500
Triple	\$3,100	\$3,300

Late Registration: Regular rates increase by \$250 for all registrations not paid in full by September 17, 2025. Late registration is on a space-available basis; full payment is required when space is confirmed.

*See accommodation section below for room descriptions

IMMERSION RATE INCLUDES: Accommodations: Single or shared accommodation in studio or 1 bedroom suite. Single (private) room includes studio style room with en-suite bath. Double includes studio style room with 2 twin beds or 1 king bed (for couples) and en-suite bath. Triple includes studio style room with 3 twin beds and en-suite bath. Double deluxe suite includes 1 bedroom with 2 twin beds or 1 king bed (couples), en-suite bath and additional living room area. Immersion Organizer reserves the right to substitute accommodations as it deems necessary. Sheets, pillow and case, one (1) thin wool blanket and one (1) thick wool blanket, one (1) Indian-style towel, and mosquito nets are provided (seasonally). <u>Snorers:</u> Accommodation options for snorers are a single room, if available, or a double room shared with another snorer (unless you are coming with a roommate of your choice who also registers separately for the Immersion). If you are coming without a roommate and you snore, please let us know when you register, so that we can help you make the best arrangements. <u>Solo travelers:</u> If you are traveling alone, we will assign roommate(s) of the same gender. **Meals**: Breakfast, lunch, and dinner during the Immersion at HII Khajuraho are included. All meals are lacto-ovo Indian vegetarian. Consult in advance with the Immersion Organizer about health-related, special dietary needs; however, HII Khajuraho is unable to ensure meals for special dietary needs at this time. **Khajuraho Transfers:** Group pick-up/drop-off at Khajuraho Airport by HII Khajuraho (on the Immersion start and end dates at a designated time). Porterage will be provided for one (1) duffel bag or suitcase and one (1) carry-on size bag per person, at owner's risk. Charges may apply for porterage of additional baggage.

IMMERSION RATE DOES NOT INCLUDE: International or domestic airfare or train; passports; visas; inoculations; meals or other expenses while in transit between departure airport and arrival at HII Khajuraho; pick-up or drop-off at the Khajuraho train station or at times other than the scheduled group airport pickup and drop-off; transfers not otherwise noted herein; additional expenses for late arrivals or early departures; laundry; bottled water or beverages; cover charges; baggage or other airline fees or service charges; excess baggage charges; entrance fees; camera or video use fees charged by monuments or sites; accident, trip cancellation/interruption, and baggage insurance; medical treatment/emergency rescue expenses or insurance; expenses for guides, transportation, or deviations not included in the Immersion; gratuities and taxes for personal services and purchases; toilet paper while at HII Khajuraho; any items of a personal nature; and any other item not heretofore specifically listed as included.

CHANGES: The Immersion rate is based on rates of exchange and tariffs in effect at the time of publication and is subject to adjustment. Changes to the Immersion are not anticipated, however, Immersion Organizer reserves the right to make any changes

that it determines are necessary, with or without advance notice. Changes of Immersion will not result in a refund of any portion of the Immersion rate. In the event of any change in rates of exchange, tariffs, or Immersion that result in additional costs, these additional costs must be paid by the participant before departure or as soon as the change becomes known.

REVISION FEES: If changes are requested by participant after deposit is received, revision fees and/or cancellation fees will apply. A fee of \$95 per transaction will be charged by the Immersion Organizer for any alteration or revision made to an Application. Any revision to an Application may result in the loss of confirmed reservations or increased rates and costs which will be payable by the participant. A change of Immersion dates will be treated as a cancellation and a new Application will be required; cancellation and administrative fees apply.

CANCELLATIONS/REFUNDS: All requests for cancellation must be submitted in writing to the Immersion Organizer. Your cancellation date will be the date on which we receive your written notice. Allow 30 days for refunds to be processed. Regardless of the reason, cancellations of confirmed reservations or transfers to new Immersion dates result in additional costs and processing time for the Immersion Organizer.

A \$95 administrative fee plus the following charges will be assessed for cancellation:

December 18, 2025 and no shows	100% of total immersion rate
September 28-December 17, 2025	50% of total immersion rate
September 17-September 27, 2025	\$850
July 21-September 16, 2025	\$500
September 14, 2024-July 20, 2025	\$300
Before September 13, 2024	\$95 admin fee only

If the participant arrives late or leaves the Immersion prior to its conclusion, refunds will not be made for the unused portion of the Immersion. No refunds will be made for any meal or other scheduled activity that the participant misses or decides not to take for any reason. **Refunds will not be made for cancellations due to accident, illness, or life events. It is required that participants purchase trip cancellation insurance to protect you from cancellation fees, lost baggage, and medical assistance and/or medical evacuation in the case of an emergency.** The Immersion Organizer reserves the right to cancel any Immersion prior to departure and/or arrival. If such cancellation is not due to circumstances beyond the Immersion Organizer's control, such as war, etc. as set forth below, the Immersion Organizer will refund all payments participant made to Immersion Organizer, constituting full settlement with the participant. No compensation or refund will be made when cancellation arises before or during the Immersion from circumstances beyond its and/or its suppliers' control (force majeure) such as war, strife, civil disobedience, terrorist activity, adverse weather conditions, fire, natural disasters, etc. In the event of cancellation arising from circumstances beyond our control as set forth above, Immersion Organizer deducts all out-of-pocket costs and related expenses. The Immersion Organizer is not responsible for expenses, including but not limited to lodging, meals, and transportation, incurred for delays and/or detainments beyond the Immersion as a result of circumstances beyond our and/or our suppliers' control such as war, etc. as set forth above.

TRIP CANCELLATION INSURANCE: Trip cancellation insurance covering the **full cost of all fees paid to the Immersion Organizer** (Himalayan Institute) is required for all participants. An official certificate of insurance must be submitted to the Immersion Organizer prior to the start of your Immersion. Should a participant need to cancel their registration before securing the required trip cancellation insurance, no exceptions will be made to the stated cancellation policy. It is strongly recommended to purchase travel insurance with a "cancel for any reason" option within two weeks of registration. **BACK-TO-BACK DISCOUNTED BUNDLE RATES:** Participants registered for back-to-back sessions of Maha Sri Yaga may choose to remain on campus for the duration of the 12 days between sessions for a discounted rate. Depending upon your accommodation choice, this rate ranges from \$575-\$840 and can be added during the registration process. Payment in full is required at the time your registration is confirmed to reserve your space and the discounted rate. Rates and cancellation terms will be applied as follows:

Room by Type:	Rate:
Single Room	\$840
Double Deluxe Suite	\$740
Quadruple Suite	\$720
Double Room	\$650
Triple Room	\$575

All requests for cancellation of your Back-to-Back booking must be submitted in writing to the Immersion Organizer. Your cancellation date will be the date on which we receive your written notice. Allow 30 days for refunds to be processed. Regardless of the reason, cancellations of confirmed reservations result in additional costs and processing time for the Immersion Organizer.

A \$95 administrative fee plus the following charges will be assessed for cancellation:

Days before the start of your first qualifying session Cancellation Fee

30 days and no shows	100% of the bundle rate
31 – 89 days	50% of the bundle rate
90-179 days	25% of the bundle rate
Over 180 days	\$95 admin fee only

NATURE OF PROGRAM: The program is an Immersion focused on deepening one's spiritual practice. Participants are strongly discouraged from starting the Immersion late or leaving the Immersion early.

Portions of the Immersion could be considered rustic and are best approached with a spirit of openness, adventure and growth. **Each participant is advised to consult with his or her medical specialist prior to departure and must advise the Immersion Organizer in advance in writing of any condition that may require attention during the Immersion**, so the participant, with the assistance of the Immersion Organizer, can make the necessary arrangements. Participants with a disability requiring special assistance are advised that the Americans with Disabilities Act is not applicable outside of the United States and facilities outside the United States for disabled individuals are limited, if available. Portions of the Immersion may involve lengthy periods of standing, sitting, climbing stairs, hiking, or walking on unpaved surfaces. Persons requiring assistance must be accompanied by a companion who is capable of and responsible for providing all the assistance needed (normal Immersion rates apply for the companion).

Smoking is not permitted in buses or other vehicles, at meals, in hotel rooms, Himalayan Institute buildings, eco-cottages or tents, or during lectures, workshops, or practicums, whether held indoors or outside.

HEALTH AND FITNESS REQUIREMENT: You must be in good health and physical condition to participate in the Immersion. If you have a pre-existing condition which is not well controlled and has required medical intervention in the past 24 months you must have your doctor complete a medical form to certify you as fit to participate. If you suffer from severe muscular, chest, heart, sight, hearing, auto-immune, gastro-intestinal, or bronchial disorders, or if you are a severe asthmatic, or have uncontrolled high blood pressure, you are strongly advised against participating. The Immersion takes place in remote areas where there is little or no access to normal medical services or hospital facilities for serious medical problems. Evacuation, where necessary, can be prolonged, difficult, and expensive. Medical and evacuation expenses will be the participant's responsibility. The Immersion Organizer reserves the right in its absolute discretion to refuse a participant the right to participate in the Immersion on medical or fitness grounds.

MEDICAL DISCLOSURE: You declare and warrant that: you are in good health and mental and physical fitness at the time of booking this Immersion; you have disclosed to the Immersion Organizer every matter concerning your health and mental and physical fitness of which you are aware, or ought reasonably be expected to know, that is relevant to the Immersion Organizer's decision to permit you to go on an Immersion; immediately upon any adverse change in your health or fitness that may be likely to affect the Immersion Organizer's decision to permit you to go on an Immersion; would be expected to disclose medical information to our consultant doctor; the Immersion Organizer's consultant doctor may exclude you from an Immersion if he/she deems it necessary. You acknowledge that the obligation to disclose under this condition continues from the time of booking the excursion through to the departure and extends for the duration of the excursion. If you fail to comply with the duty of disclosure in this condition and if the Immersion Organizer would not have permitted you to undertake the excursion, or continue participation of the excursion, had you made full disclosure under this condition, the Immersion Organizer will not be liable, except to the minimum extent required by law, for personal injury, death or property damage or loss incurred by you.

COVID-19 SAFETY MEASURES AND PROTOCOLS: We will be following applicable Government of India guidelines at the time of the Immersion. Our COVID-19 policies may change as the situation changes and new information becomes available.

Any additional costs, including but not limited to private rooms, hotel rooms, meals, medical services, transportation, and COVID-19 testing that arise due to a positive or potential COVID-19 case are the responsibility of the participant.

DRESS AND CONDUCT: Conservative, modest, loose-fitting attire is appropriate for your stay in India and at HII Khajuraho. Due to cultural customs in India, Immersion Organizer asks women to refrain from wearing shorts of any length, capris shorter than calf length, tops with spaghetti straps, halter tops, tank tops, plunging necklines or backs; form-fitting clothing; and short skirts or miniskirts. Men are asked to refrain from wearing muscle shirts. Shirts and footwear must be worn outside. Outside shoes are to be removed before entering the Shrine and other Institute buildings. Shoes or slippers designated for indoor use are to be worn in all residential buildings. No shoes are to be worn in the Sri Vidya Shrine.

Use of alcohol and illicit drugs is strictly prohibited. HII Khajuraho is a smoke-free campus. Smoking is only permitted in a designated outside area. Violation of these policies is subject to immediate dismissal from campus and the Immersion.

Earphones must be used with all electronic or other devices with audio capability.

QUIET HOURS: Quiet hours are observed daily between 9:30 p.m. and 8:00 a.m. During those hours, kindly observe silence or speak briefly in a whisper so that others' practice is not disturbed.

EMOTIONAL RELATIONSHIPS: In an effort to help avoid distraction and to concentrate energy fully on the intended quest for self-discovery, we strongly recommend that participants refrain from forming intense emotional relationships during the Immersion. Such relationships divert energy from inner focus, and change the Immersion experience for all parties involved.

OFF-CAMPUS ACTIVITIES: We have found that changing from a hectic daily routine to a quiet, meditative lifestyle takes time. To enhance this process, it is best to have as few distractions as possible. To minimize distractions, and to help maintain inner focus, it is suggested that except for scheduled off-campus Immersion activities, participants remain on campus for the first 7 days of the Immersion. Thereafter, it is helpful to limit off-campus trips for necessities only. This gives the participant the opportunity to participate more fully in the Immersion and gain the maximum benefit. Departures from campus for non-scheduled activities require signing out at the front gate.

CURFEW: It is not advisable to be off campus before sunrise or after dusk given the remote location of the HII Khajuraho campus. For safety when going off campus for non-scheduled activities, Immersion participants are asked to return to campus no later than dusk. This curfew is in effect whether hiking locally or going to town by taxi in a registered, licensed vehicle. When leaving campus for non-scheduled activities, it is advisable that 3-4 individuals make the journey together with at least one man per group of women, if possible. Immersion Organizer and Immersion Organizer's local staff or representatives shall not be held liable for any assistance provided for non-scheduled activities.

WHAT TO BRING: Temperatures range from the 40s F (4C) to the high 90s and low 100's (32-37⁺C) depending on the time of year. Few accommodations in India have air-conditioning or heat, and electricity is unreliable, so plan accordingly. The Immersion Organizer recommends that each participant bring a sleeping bag during the winter season, writing paper, pens, a flashlight, a hat, sunscreen, gloves, a sweater, a warm jacket or coat, socks, footwear designated for indoor use, toilet paper; personal toiletries; and sturdy, comfortable shoes for walking/trekking. A small, frameless day pack and a duffel bag which can accommodate a sleeping bag are suggested. A full packing list will be provided. Participants are responsible for determining baggage and weight limitations for all airlines utilized. Airlines may allow more than one piece of luggage per person. The Immersion Organizer limits luggage to one duffel bag or suitcase per person and one carry-on size bag per person. Additional charges may apply if the participant requires Porterage for additional luggage. Luggage may be carried within India on tarpaulin-covered roof racks or open trucks. Weather and loading and unloading can cause more than usual wear and tear to luggage. Accordingly, all luggage should be capable of withstanding rain and rugged treatment.

PASSPORT AND VISA: Each participant is responsible for determining specific passport and visa requirements in the participant's country of origin and for obtaining the necessary documents prior to departure. Passports must be valid for at least 6 months beyond your departure date from India. It is advisable to have a minimum of 3 blank pages in the back of your passport. Immersion Organizer is not responsible if a participant is refused entry to a country due to incorrect passport, visa, or other required documentation. Passport, visa and emergency contact information must be provided to Immersion Organizer in advance of the Immersion.

LANGUAGE: All scheduled lectures, workshops, satsanga, and other presentations will be in English.

PHOTOGRAPHS/VIDEO: Representatives of the Immersion Organizer may be photographing and video/audio recording portions of the Immersion. The Immersion Organizer reserves the right to use any such photographs and video/audio recording in its advertising, displays, publicity materials, and publications without obtaining further consent from any participant. Each participant releases the Immersion Organizer and its representatives from any liability in connection with any such use of such photographs and video/audio recording.

Photography and video/audio recording by Immersion participants is not permitted during any Immersion lectures, workshops, practicums, or special events.

RELEASE/RESPONSIBILITY: The participant, by signing this Application for Immersion, agrees that the Immersion Organizer and its representatives, except for their gross negligence or willful misconduct, shall not be held liable for any injury, damage, loss, delay or irregularity that may be occasioned for any reason, including, but not limited to, any defect in a vehicle, the acts or default of any company or person engaged in conveying a participant, acts of God, terrorism, acts of war, or detention; delays or expenses arising from quarantine, strikes, thefts, pilferage, force majeure, civil disturbances, government restrictions or regulations; accidents by aircraft, boat, bicycle or motor vehicle, or in any hotel, inn, restaurant, accommodation or camp; failure of any means of transportation to arrive or depart as scheduled or changes in transit, hotel, inn, guest house or camping services; missed airline or other transport connections; or for additional expenses resulting from changes in exchange rates, tariffs, or itinerary. The participant agrees to assume all risks associated with the Immersion and agrees that no liability will attach to the Immersion Organizer, its employees or agents, or to any member of the Immersion in respect of death, personal injury, illness or delay of the passenger, or for any loss of or damage to the property (including luggage) of the participant during the course of the trip, howsoever caused.

By signing this Application, the participant releases the Immersion Organizer and its representatives from any such responsibility or liability, except as hereinabove set forth.

The liability of common carriers is generally limited and, therefore, it is suggested that participants purchase their own cancellation, property damage (including luggage), accident, and medical treatment/emergency rescue insurance.

The Immersion Organizer reserves the right to accept or reject any Immersion participant at any time, without liability, and in the event it determines, in its sole and exclusive discretion, that a participant is not suitable for the Immersion or

is disruptive to the harmony of the Immersion, it may dismiss such participant from the Immersion without any obligation to pay a refund or any other amount whatsoever. The Immersion Organizer may elect to exclude any dismissed participant from future offerings. The Immersion Organizer will have no responsibility or liability for any participant who leaves the Immersion prior to its conclusion or for any activity undertaken by any participant which is not included as part of the Immersion program.

I have read and understand the foregoing Application for Maha Sri Yaga Practice Immersion including Terms and Conditions and, by making my advance payment as set forth below, agree to the terms thereof. I understand that violation of the Immersion policies is cause for immediate dismissal from the campus and the Immersion.

LAND ONLY IMMERSION RATES (19 DAYS/ 18 NIGHTS): JANUARY 17-FEBRUARY 4, 2026

FOR MAHA SRI YAGA SESSION 5

Please reserve my space for Immersion at HII Khajuraho.

	Date		
Signature (required)			
(PLEASE PRINT)			
Name		Male	Female
(Full name as it ap	ppears on passport)		(Circle on
Address			
City/State/Zip/Postal Code			
Country Occu	upation		
Telephone: Days	Evenings	`	day/year)
Mobile #:			
Email:	initial	l giving permission to em	nail
Payment is due in U.S. dollars and ma order helps to support Himalayan Inst registration period, full payment is req	itute global humanitarian projects. If	Application is made wi	
□ Enclosed is my □ check # deposit □ payment in full for my li INSTITUTE. OR	□ money order (U.S. funds on mmersion in Khajuraho, India. Make c	• /	

Charge my \Box MasterCard \Box VISA \Box American Express \Box Discover card in the amount of \$	_ as □ deposit
payment in full for my Sadhana Immersion.	

(PLEASE PRINT)

Name:

(as it appears on credit card)

_____3 or 4 digit CV # (from front or back of credit card) ______

(Credit Card Number)

Expiration Date (mm/yyyy)

Signature (required on credit card orders)

Complete, sign, and return all pages of the Application for Sadhana Immersion with your payment to: Himalayan Institute Excursions, Attn: Alat Shanti Tigunait, Spiritual Excursions, 952 Bethany Turnpike, Honesdale, PA 18431. A confirmation will be sent to you upon acceptance, acknowledging receipt of your payment. RETAIN A COPY OF YOUR COMPLETED APPLICATION FOR YOUR RECORDS.