



**ADDENDUM A FOR OPTIONAL POST-EXCURSION ADD-ON
Johns Brook Lodge Add-on (July 31 - August 2, 2025)**

By completing this Addendum A ("Addendum"), I request an Optional Add-on ("Add-on") to supplement my Adirondacks: Yoga and Hiking in the High Peaks (the "Tour") as reserved in my Tour Participant Agreement for 2024 Adirondacks: Yoga and Hiking in the High Peaks.

I hereby agree that:

1. This Addendum is made a part of my Agreement for the 2025 Adirondacks: Yoga and Hiking in the High Peaks.
2. Add-on is by advance reservation and subject to space availability at the time of booking. Add-ons are sold as a package and are non-transferrable.
3. The rate for Add-on is on a per person basis with shared occupancy in the Johns Brook Lodge bunk room. The Add-on Land Only rates shown below expires per the timeline shown below and includes shared accommodations at the Johns Brook Lodge, all meals from dinner on July 31 to Lunch on August 2, Himalayan Institute guide(s), and guided yoga and meditation. Ground transportation from ADK Loj to the Garden Parking Lot in Keene Valley, NY, plus parking fees, are **not included. The optional Add-on is subject to availability and payment must be made in full.**
4. It is inadvisable to make travel arrangements until space in the selected Add-on is re-confirmed in writing by Excursion Organizer.
5. The add-on begins at the Garden Parking Lot in Keene Valley, NY on July 31 and ends at the Garden Parking Lot by 2:00pm on August 2, 2025.
6. There are no entry fees or permits required at this time for this portion of Adirondack State Park; any change to this that would result in additional fees would be the responsibility of the participant.
7. Transfers otherwise not noted here within, additional expenses for late arrivals or early departures, laundry, bottled water and beverages, cover changes, baggage or other airline fees or service charges, accident, trip cancellation, and baggage insurance, medical treatment/emergency rescue expenses or insurance, expenses for guides, transportation, or deviations not included in the itinerary, gratuities and taxes for personal services and purchases, any other items of a personal nature, private non-group transfers, and any other items not heretofore specifically listed as included are not included in the cost of the add-on.
8. Participant changes to Add-on dates will incur penalties and additional fees, and may incur cancellation and other fees.
9. **The rate for an optional Add-on must be paid in full with the Addendum.**
10. Itinerary, schedule, and rates are subject to change.
11. Refunds will not be made for cancellations due to accident or illness. Should you need to cancel, notification of cancellation must be received in writing. Your cancellation date will be the date on which we receive your written notice. The following cancellation charges will be assessed:

31 days or more before Add-on start date
30 days or less before Add-on start date

\$95 administrative fee
100% of Add-on Land Only rate per person

12. **It is strongly recommended that participants purchase trip cancellation insurance to protect you from cancellation fees, lost baggage, and medical assistance and/or medical evacuation in the case of an emergency.**

Itinerary: Post-Excursion Johns Brook Lodge Add-on, July 31 - August 2, 2025 (3 days / 2 nights)

Itinerary:

Day 1: Arrive at the Garden Parking lot by mid-afternoon for an easy 3.5 mile hike to Johns Brook Lodge. Upon arrival, enjoy a guided yoga practice with time to sit, meditate, and enjoy by the Johns Brook river. A freshly prepared dinner will be served at 6:15, followed by a light-hearted evening together at the lodge.

Day 2: Wake up to fresh coffee and a hearty breakfast in preparation for a big hike today. Our intention is to make the 2,400 foot ascent to Gothics peak, then traverse the ridgeline over to Armstrong and Wolfjaw peaks before descending back down to the lodge. This loop will cover 8-10 miles with over 3,000 feet of total elevation gain. While considered one

of the most beautiful and interesting hikes in the high-peaks region, it will certainly leave you with a sense of accomplishment. After breath-connected movement upon returning to the lodge, enjoy another fresh-cooked meal and an evening by the river.

Day 3: Start the day with coffee and yoga followed by breakfast in preparation for our last hike. Today's route will take us 6 miles back to the Garden Parking lot via Big side and Brothers peaks (2,000 feet of elevation gain). The views of the High Peaks mountain range from Brothers towards the end of our hike will be the perfect opportunity to soak in our experience from a week of hiking, and return home with an energized spirit.

** Each day will include a packed lunch from either ADK Loj or Johns Brook Lodge.

Rates & Registration:

Regular Rate: Closes June 23, 2025

Shared
\$425