



**Mount Kailash: Pilgrimage to the Heart of the Tradition**  
**June 4–22 , 2028**  
**Tour Participant Agreement / Terms and Conditions**

**RESERVATIONS: Full payment in U.S. Dollars** for the Himalayan Institute Spiritual Excursion to Mount Kailash: Pilgrimage to the Heart of the Tradition must be postmarked by the dates indicated. Land Only rates indicated are per person:

	<b>(Land Only Rates)</b>
Regular Registration (closes December 15, 2027)	Shared - \$7,299
Late Registration (closes March 15, 2028)	Shared - \$7,799

**\$1,300 Single Supplement** - Single supplement provides a private room on nights 1-9, 11, 15-18; nights 10, 12, 13,14 are in guest houses with shared accommodations only

**In order to receive the regular rate, full payment must be received by the corresponding rate closing date noted above. Full payment is due at time of registration for all late registrations. Reservations requested and postmarked after December 15, 2027 will be processed on a space available basis, and will incur higher rates.**

An \$1,000.00 non refundable deposit per person will secure space on a first come basis. Deposits are not transferrable. **For regular registration\* rate pay the balance due by December 15, 2027. Balances not paid by the stated deadlines revert to the next period's higher rates.** After **December 15, 2027** rates increase and must be paid in full when registering.

\*Regular registration: Registrations not paid in full by the regular registration deadline do not move into the late registration period. **Registrations not paid in full by the regular registration deadline are subject to cancellation with refunds made in accordance with the cancellation policy noted below.**

Late registration: For **new** registration requests after the regular registration deadline, payment in full is required at time of registration and a late registration fee of \$500 is applicable.

**RATES: Land Only rates do not include international and domestic air.** Participants are responsible for getting to the starting point of the Tour (Tribhuvan International Airport—Kathmandu Airport) at the pre-determined time. The rate for the Tour is per person and includes single\* or shared accommodations (per each participant's registration details), vegetarian meals, and scheduled group activities. **The Himalayan Institute® (the "Tour Organizer") limits luggage to one duffel bag per person and one carry-on size day pack per person. Day pack is to remain with the participant throughout the duration of the Tour whether in transit or otherwise. Porterage for day packs is not included in the excursion rate, however may be available for an additional cost on trekking days – inquire with the excursions team for availability and additional fees.**

**TOUR PRICE INCLUDES:** Tibetan Group Visa, scheduled transfers, local transportation, and accommodations within Nepal and Tibet from the time of meeting the group at Tribhuvan International Airport on June 4, 2028 (Tour start date) until drop-off at the Tribhuvan International Airport for departure on June 22, 2028 (Tour end date) at pre-determined times. **Porterage for one (1) duffel bag within Nepal and Tibet for the duration of the Tour. Accommodations:** Single, double occupancy, rooms or guest houses with private or shared bath during the Tour. The Himalayan Institute® (the "Tour Organizer") reserves the right to substitute accommodations as it deems necessary. **Meals:** Breakfast, lunch, and dinner are included on all days **except Day 1, 2, 5, and 18. Day 1 will include (1) meal plus high tea and snacks; days 2, 5 will include breakfast and dinner; and 18 will include breakfast, high tea, and dinner.** All meals are vegetarian and may include dairy. Consult in advance with the Tour Organizer about health-related special dietary needs, however, the Tour Organizer is unable to ensure meals for special dietary needs. Bottled water or boiled and filtered water will be provided for the duration of the Tour.

**TOUR PRICE DOES NOT INCLUDE:** International airfare; domestic airfare; passports; Nepalese Visa or E-Visa; inoculations; meals or other expenses while in transit between departure airport and arrival in Kathmandu; additional expenses for late arrivals or early departures; laundry; bottled water or beverages while at hotels or guest houses, additional food or drink except as otherwise noted herein; cover charges; baggage or other airline fees or service charges; excess baggage charges; accident, trip cancellation, and baggage insurance; medical treatment/emergency rescue expenses or insurance; expenses for guides, transportation, or deviations not included in the itinerary; additional porterage charges for personal bags or yak or horse

hiring for the Kailash parikrama, extra cost for hiring additional transportation in the event of a landslide, gratuities for local staff, drivers, priest at temples, and gratuities and taxes for personal expenses and purchases; any other items of a personal nature; private non-group transfers; and any other item not heretofore specifically listed as included.

**CHANGES:** The Tour rate is based on rates of exchange, tariffs, and fares in effect at the time of publication and is subject to adjustment prior to departure. Changes to the printed itinerary are not anticipated, however, the Tour Organizer reserves the right to make any changes that it determines are necessary, with or without advance notice. Changes of itinerary will not result in a refund of any portion of the Tour price. In the event of any change in rates of exchange, tariffs, fares, or itinerary that result in additional costs, these additional costs must be paid by the participant before departure or as soon as the change becomes known.

**REVISION FEES:** If changes are requested by the participant after deposit is received, revision fees and/or cancellation fees will apply. A fee of \$95 per transaction will be charged by the Tour Organizer for any alteration or revision made to a registration. Any revision to a registration may result in the loss of confirmed reservations or increased costs **which will be payable by the participant**. Additional hotel penalties may also apply. A change of traveler name will be treated as a cancellation and new registration will be required; cancellation fees apply.

**CANCELLATIONS/REFUNDS:** All requests for cancellation must be submitted in writing to the Tour Organizer. Your cancellation date will be the date on which we receive your written notice. Allow 30-days for refunds to be processed. Regardless of the reason, cancellations result in additional costs and processing time for the Tour Organizer. A \$95 administrative fee plus the following charges will be assessed for cancellation:

June 8, 2026 – December 15, 2027	\$1,000 Deposit
December 16, 2027 – March 15, 2028	50% of tour rate
March 16 – April 30, 2028	75% of tour rate
May 1, 2028 to start date, plus no shows	100% of tour rate

If the participant arrives late or leaves the Tour prior to its conclusion for any reason, refunds will not be made for the unused portion of the Tour. No refunds will be made for any excursion, sightseeing, meal, or other activity that the participant misses or decides not to take for any reason. **Refunds will not be made for cancellations due to accident or illness or changes in one's personal schedule or life events. It is required that participants purchase trip cancellation insurance to protect you from cancellation fees, lost baggage, and medical assistance and/or medical evacuation in the case of an emergency.** The Tour Organizer reserves the right to cancel any tour prior to departure. If such cancellation is not due to circumstances beyond the Tour Organizer's control, such as war, etc. as set forth below, the Tour Organizer will refund all payments participant made to Tour Organizer, constituting full settlement with the participant. No compensation or refund will be made when cancellation arises before or during the Tour from circumstances beyond our and/or our suppliers' control (force majeure) such as war, strife, civil disobedience, terrorist activity, adverse weather conditions, fire, natural disasters, etc., unless or until the Tour Organizer is able to recover any Tour related sums. In the event of cancellation arising from circumstances beyond our control as set forth above, Tour related sums recovered by the Tour Organizer will be disbursed equitably to the participants after the Tour Organizer deducts all out-of-pocket costs and related expenses. The Tour Organizer is not responsible for expenses, including but not limited to lodging, meals, and transportation, incurred for delays and/or detentions beyond the Tour itinerary as a result of circumstances beyond our and/or our suppliers' control such as war, etc. as set forth above.

**NATURE OF TOUR:** The Tour is a high-altitude spiritual excursion to the base of Mount Kailash, located in Tibet. Participants are strongly discouraged from joining the Tour in progress or leaving the Tour prior to its conclusion. Portions of the Tour could be considered rustic and rigorous and are best approached with a spirit of openness and adventure. Portions of the Tour are at higher elevations and in remote locations, at which there may be no telephones or means of rapid evacuation in the event of emergency. Portions of the Tour may involve lengthy periods of standing, sitting, climbing stairs, hiking/trekking, or walking on unpaved surfaces at high altitude. **Each participant is required to consult with his or her medical specialist prior to departure and must provide the Tour Organizer in advance with a written approval to participate in this excursion.** Participants with a disability requiring special assistance are advised that the Americans with Disabilities Act is not applicable outside of the United States and facilities outside the United States for disabled individuals are limited, if available. Persons requiring assistance must be accompanied by a companion who is capable of and responsible for providing all the assistance needed (normal Tour rates apply for the companion). On a Tour of this nature, it is necessary for you to abide by the authority of the leader(s), who represents the Tour Organizer(s). The decision of the leader(s) as to the conduct, itinerary and objectives of the tour is final. Signing our Tour Participant Agreement signifies your agreement to this. If in the opinion of the leader your behavior or physical condition is detrimental to the safety, welfare and well-being of you and/or of group as a whole (which are the paramount considerations), or if (in consultation with the trek medical person, if there is one) the leader(s) considers your

general well-being will be put at risk by continuing with the pilgrimage, you may be asked to leave the tour without the right to any refund.

Smoking is not permitted in motor coaches or other vehicles, at meals, in hotel or guest house rooms, Institute buildings, or during lectures, workshops, satsanga, or practicums, whether held indoors or outside. **Use of alcohol and illicit drugs is strictly prohibited.** Smoking is only permitted in a designated outside area. **Violation of these policies is subject to immediate dismissal from the Tour.**

The nature of the Tour may be suitable for minor children accompanied by a parent or legal travel guardian. Please inquire for details.

**HEALTH AND FITNESS REQUIREMENT:** You must be in good health and physical condition to participate on the Tour. All participants, regardless of age, are required to have their physician complete and sign a Medical Clearance Form certifying that they are medically fit to participate in this spiritual excursion. Participants with a pre-existing medical condition that is not well controlled or who have required medical intervention related to a health condition within the past 24 months should ensure that their physician specifically addresses these considerations when providing medical clearance.. If you suffer from severe muscular, chest, heart, sight, hearing, or bronchial disorders, or if you are a severe asthmatic, or have high blood pressure, you are strongly advised against participating. The Tour takes place in remote areas where there is little or no access to normal medical services or hospital facilities for serious medical problems. Evacuation, where necessary, can be prolonged, difficult, and expensive. Medical and evacuation expenses will be your responsibility. The Tour Organizer reserves the right in its absolute discretion to refuse a participant the right to participate in a Tour on medical or fitness grounds.

**TRAVEL INSURANCE REQUIREMENT:** Comprehensive travel insurance is required for all participants on the Kailash pilgrimage due to the remote nature of the journey and the high-altitude environments involved. Proof of coverage must be provided prior to departure. Your policy must be valid for the full duration of the itinerary and explicitly cover trekking and travel at high altitude (up to approximately 6,000 meters / 19,700 feet), including emergency medical treatment, emergency evacuation (by land or air), and medical repatriation. Coverage should also include trip cancellation and interruption, travel delays, and lost, stolen, or delayed baggage. When obtaining coverage, participants must inform their insurance provider that the journey includes trekking and travel in Nepal and the Tibet Autonomous Region, as many standard policies exclude high-altitude activities and remote-area travel. It is the participant's responsibility to ensure their policy provides adequate coverage for all aspects of the pilgrimage and to understand any applicable limitations or exclusions. Because medical facilities are extremely limited in these regions and emergency response can be both complex and costly, appropriate insurance coverage is a mandatory safety requirement for participation. Policies that may meet these requirements include [World Nomads'](#) Explorer and Epic plans, as well as select plans offered through [IMG Global](#). Participants should carefully review policy details to confirm coverage suitability before purchase. Please note that exceptions will not be made to the cancellation policy outlined in the Tour Participant Agreement and Terms and Conditions.

**MEDICAL DISCLOSURE:** You declare and warrant that: you are in good health and mental and physical fitness at the time of booking this tour; you have disclosed to the Tour Organizer every matter concerning your health and mental and physical fitness of which you are aware, or ought reasonably be expected to know, that is relevant to the Tour Organizer's decision to permit you to go on a Tour; immediately upon any adverse change in your health or fitness that may be likely to affect the Tour Organizer's decision to permit you to go on a Tour you will notify the Tour Organizer in writing of any such adverse change; Tour Organizers are permitted to disclose medical information to our consultant doctor; the Tour Organizer's consultant doctor may exclude you from a tour if he/she deems it necessary. You acknowledge that the obligation to disclose under this condition continues from the time of booking the excursion through to the departure and extends for the duration of the excursion. If you fail to comply with the duty of disclosure in this condition and if the Tour Organizer would not have permitted you to undertake the excursion, or continue participation of the excursion, had you made full disclosure under this condition, the Tour Organizer will not be liable, except to the minimum extent required by law, for personal injury, death or property damage or loss incurred by you.

**ASSUMPTION OF RISK:** You acknowledge that: by the very nature of international travel and higher altitude excursions, they are more challenging and demanding with a commensurately higher level of risk compared with conventional holidays or excursions, and involve potential exposure to injury and possibly death; and in the countries and regions in which international travel is undertaken, standards of accommodation, transport, health care, hygiene, safety and service provision generally are often not as high as those standards in your country of residence and may require flexibility and patience on your part; and operational control of the tour may be in the hands of a third party and that your right of action in regard to any shortcomings of that third party's performance is against the third party and not against the Tour Organizer; and the additional dangers and risks

associated with international travel may include difficult and dangerous terrain; high altitude; extremes of weather, including sudden and unexpected changes; political instability; remoteness from normal medical services and from communications; and evacuation difficulties in the event of illness or injury; and you have submitted your booking for the excursion after giving due consideration of relevant travel information including, without limitation, any relevant information or advice given by the governments of those countries to which we will be travelling and the US Department of State and that it is your responsibility to acquaint yourself with that information or advice, for the above reasons you therefore accept the inherent and increased dangers and risks associated with the proposed international excursion and the accompanying risk of injury, death or property damage or loss.

**CURFEW AND SAFETY:** For your safety, it is not advisable to be out after sunset unless as part of a scheduled group activity. When either men or women are embarking on non-scheduled activities, it is advisable that 3-4 individuals make the journey together, with at least one man per group of women. Tour Organizer and Tour Organizer's local staff or representatives shall not be held liable for any assistance provided for non-scheduled activities.

**WHAT TO BRING:** Participants should prepare for a wide range of conditions, including generally pleasant, sunny days and cold nights. Daytime temperatures may range from approximately 50–80°F (10–27°C), while nighttime temperatures can drop to 20–50°F (-7 to 10°C). Weather in the Himalayas and Tibetan Plateau can be highly variable, and participants should be prepared for occasional rain or light snow, particularly at higher elevations. Proper layering and cold-weather preparation are essential for comfort and safety throughout the journey. The Tour Organizer(s) strongly recommends that each participant bring the following essential items: Sleeping bag rated to at least 20°F (-7°C) or lower, Rain Jacket (eg: Gore-Tex), Rain Pants (eg: Gore-Tex), Warm layered clothing system (base, mid, and outer layers), Warm jacket or insulated coat, Sweater or fleece layer, Gloves and warm hat, Wool socks, sturdy comfortable hiking boots/shoes suitable for trekking and uneven terrain, headlamp or flashlight with extra batteries, sunscreen and lip protection, personal hygiene items (soap, shampoo, etc.), and Biodegradable toilet paper. Participants are also advised to review the Himalayan Institute Travel Packet, along with future pre-departure correspondence, for a comprehensive packing list. For luggage, a soft-sided duffel bag capable of holding your sleeping bag is recommended, along with a day pack for daily essentials. **Each participant is limited to one (1) duffel bag and one (1) day pack. The day pack must remain with the participant at all times throughout the journey, including during all transit and travel days, as there is no portage for day packs.** Please note that luggage may be transported within the region on roof racks covered with tarpaulins, open trucks, or carried by porters, sherpas, or yaks. Due to weather conditions and rugged handling during loading and unloading, all luggage should be durable and capable of withstanding rain, dust, and general wear and tear associated with remote Himalayan travel.

**FOREIGN EXCHANGE:** U.S. dollar = approximately 150 Nepalese Rupees (subject to fluctuation). U.S. dollar = approximately 6.75 Chinese Yuan (subject to fluctuation).

**PASSPORT AND VISA:** Passport and Nepalese visa must be obtained in advance. Each participant is responsible for determining specific passport and visa requirements in the participant's country of origin and for obtaining the necessary documents prior to departure. Passport and Nepalese tourist visa must be obtained in advance of entry into Nepal, our Tibetan Group Visa Permit will be applied for upon your arrival and secured by our local domestic team. Passports must be valid for at least 6 months beyond the Tour return date. A minimum of 3 blank pages are required in the back of your passport. Tour Organizers are not responsible if you are refused entry to a country due to incorrect passport, visa, or other required documentation. **Passport/visa/emergency contact information must be provided in advance of the pilgrimage. If registering by mail, the Tour Organizer will provide a form for participants to complete.**

**LANGUAGE:** All lectures, workshops, and other presentations will be in English.

**PHOTOGRAPHS/VIDEO:** Representatives of the Tour Organizer will be photographing and video recording the Tour. The Tour Organizer reserves the right to use any such photographs and video recording in its advertising, displays, publicity materials, and publications without obtaining further consent from any participant. Each participant releases the Tour Organizer and its representatives from any liability in connection with any such use of such photographs and video recording.

Photography and video/audio recording by Tour participants is not permitted during satsanga, lectures, workshops, practicums, satsanga, or special events.

**RELEASE/RESPONSIBILITY:** The participant, by signing this Tour Participant Agreement (TPA), agrees that the Tour Organizer(s) and its representatives, except for their gross negligence or willful misconduct, shall not be held liable for any injury, damage, loss, delay or irregularity that may be occasioned for any reason, including, but not limited to, any defect in a

vehicle, the acts or default of any company or person engaged in conveying a participant, acts of God, terrorism, acts of war, or detention; delays or expenses arising from quarantine, strikes, thefts, pilferage, force majeure, civil disturbances, government restrictions or regulations; accidents by aircraft, boat, bicycle or motor vehicle, or in any hotel, inn, restaurant, accommodation or camp; failure of any means of transportation to arrive or depart as scheduled or changes in transit, hotel, inn, guest house or camping services; missed airline or other transport connections; or for additional expenses resulting from changes in exchange rates, tariffs, or itinerary. The participant agrees to assume all risks associated with the Tour and agrees that no liability will attach to the Tour Organizer, its employees or agents, or to any member of the Tour in respect of death, personal injury, illness or delay of the passenger, or for any loss of or damage to the property (including luggage) of the participant during the course of the Tour, howsoever caused.

**By signing this Tour Participant Agreement, the participant releases the Tour Organizer and its representatives from any such responsibility or liability, except as hereinabove set forth.**

**The liability of common carriers is generally limited and, therefore, it is suggested that participants purchase their own cancellation, property damage (including luggage), accident, and medical treatment/emergency rescue insurance.**

**The Tour Organizer reserves the right to accept or reject any Tour participant at any time, without liability, and in the event it determines, in its sole and exclusive discretion, that a participant is not suitable for the Tour or is disruptive to the harmony of the Tour it may dismiss such participant from the Tour without any obligation to pay a refund or any other amount whatsoever. The Tour Organizer may exclude any dismissed participant from future offerings. The Tour Organizer will have no responsibility or liability for any participant who leaves the Tour prior to its conclusion or for any activity undertaken by any participant which is not included on the Tour itinerary.**